



MINDFUL KIDS' YOGA MACKAY WAIVER FORM

Child's name & Age:	
Parent/guardian name:	

Release of liability

I, as the parent or legal guardian of the child identified above, consent to his/her participation in the Mindful Kids Yoga Mackay classes.

The instructor will take all reasonable care to ensure the classes are fun and safe; however, I understand that my child will be engaging in some physical activity and therefore may involve some risk of injury. I assume these risks and take full responsibility for any personal injury sustained by my child which might occur as a result of participating in this programme. I agree to discharge Belinda Ellen Rifai and Mindful Kids Yoga from any claim, cause of action or liability relating to any incident that may occur in connection to my child's participation in the above-mentioned yoga class and future classes.

Parent/Guardian Signature: _____

Date: _____

Media Consent

I give consent for my child to be photographed or filmed while participating in the yoga class and for photos and videos which include images of my child to be used by Belinda E Rifai and Mindful Kids Yoga for promotional purposes. I understand that my child will not be identified by name, nor will any compensation be extended for such use.

Parent/Guardian Signature: _____

Date: _____